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## Guide to the Betty L. Melton Papers

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### Collection number: MSS 1995/02

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Processed by:

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Date Completed:

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### Descriptive Summary

**Title:** Betty L. Melton papers

**Dates:** 1973-1979

**Collection number:** MSS 1995/02

**Creator:** Melton, Betty L.

**Collection Size:** 3.0 linear feet(6 manuscript boxes)

**Repository:** California State University, Sacramento. Library. Dept. of Special Collections and University Archives.

**Abstract:** Betty L. Melton was a physical education teacher and the chair of the department at La Sierra High School in Sacramento. She was instrumental in helping to establish rules and gender equity for California girls' high school athletics through her involvement with the California Interscholastic Federation (CIF). This collection consists of by-laws, meeting minutes, schedules, correspondence, progress reports, handbooks and pamphlets.

**Physical location:** Some of the CSUS Special Collections and University Archives are stored offsite and advance notice may be required for use. For current information on the location of these materials, please consult the library's online catalog.

**Languages:** Languages represented in the collection: English

### Access

Collection is open for research.

### Publication Rights

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### Preferred Citation

Betty L. Melton papers, MSS 1995/02. Department of Special Collections and University Archives, The Library, California State University, Sacramento.

### Acquisition Information

The Betty L. Melton papers were given to CSUS Special Collections and University Archives in 1996.

### Appraisal

There is no current criteria for records retention.

### Custodial History

Betty L. Melton assembled these papers over many years. The collection was later given to CSU Sacramento.

### Biography / Administrative History

These boxes contain the personal files of Betty Melton when she was involved in the California Interscholastic Federation (CIF) and more specifically as head of the Girls' Sports Advisory Committee of the CIF. CIF is the parent organization begun by a group of LA area high

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school principals in 1914. By 1917 the CIF had grown into a statewide organization dedicated to setting standards of conduct, eligibility, and scholastic conduct for school athletes. (Original Article of Incorporation 1939.)

The papers span 1966-1979 and contain materials related to Melton's involvement in CIF in various capacities. She was instrumental in helping to establish rules for California girls' high school athletic competition. Melton also chaired the Physical Education department at La Sierra High School in Sacramento.

1973: Council Member from La Sierra High School. Melton attended meetings as a council member at a time when the CIF was expanding into women's athletics. Member of the Salary and Fees Committee, and the Capital Valley Conference (CVC). Also member of Sacramento Joint Unified School District High School Girls' Athletic Directors group. Chairman of Sac-Joaquin Girls' Athletics.

1974-1975: Representative to CIF of San Joaquin Section of the Girls' Advisory Committee.

1975: Secretary of the State CIF Girls' Sports Advisory Committee.

1976: Member of Board of Directors of CIF Protection Fund (which oversaw insurance)

1976-1977: Chair of the Girls' Sports Advisory Committee of the CIF.

1978-1979: Membership status unclear.

Melton was also a member of DGWS - "Division of Girls and Women in Sport" of the American Association of Health, Physical Education and Recreation (AAHPER). DGWS was a separate governing section for girls' sports. In 1974 the CIF started discussing integrating all girls' sports programs under CIF by-laws. Betty Melton gathered federation-wide feedback regarding the proposal.

The Betty Melton papers highlight the growth of women's athletics in high schools after the passage of Title IX prohibited discrimination based on gender. They illustrate the need to establish gender equity in high school sports by setting and enforcing standards for women's participation in interscholastic athletics. While specific Title IX regulations were not worked out until 1975, the CIF and its Girls' Advisory Sports Committee were already grappling with gender equity issues in sports as evidenced in these materials dating from 1973. Also reflects CIF's struggle to improve administrative processes and standards of representational equity within the organization.

#### **Scope and Content of Collection**

Collection consists of the personal files of Betty Melton, Federation Council Members, by-laws, meeting minutes, schedules, correspondence, progress reports, handbooks and pamphlets.

#### **Indexing Terms**

The following terms have been used to index the description of this collection in the library's online public access catalog.

California Interscholastic Federation

Schools -- California -- Sacramento County

School sports -- United States -- California

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### **California Interscholastic Federation SERIES I: 1967-1979**

#### **Series Description**

This series consists of general organizational materials of the CIF parent organization from roughly 1967 to 1979. Some materials are undated. Subseries include constitution and by-laws, correspondence, meeting materials, member directories and organizational charts.

Box 1, Folder 1	<b>CIF Constitution and By-Laws 1967-74</b>
Box 1, Folder 2	<b>CIF Constitution and By-Laws 1975-76</b>
Box 1, Folder 3	<b>CIF Constitution and By-Laws 1977</b>
Box 1, Folder 4	<b>CIF Constitution and By-Laws 1978-79</b>
Box 1, Folder 5	<b>CIF Miscellaneous Correspondence 1974-77</b>
Box 1, Folder 6	<b>CIF Meeting Materials 1972-73</b>
Box 1, Folder 7	<b>CIF Meeting Materials 1974</b>
Box 1, Folder 8	<b>CIF Meeting Materials 1975</b>
Box 1, Folder 9	<b>CIF Meeting Materials 1976</b>
Box 1, Folder 10	<b>CIF Meeting Materials 1977</b>
Box 1, Folder 11	<b>CIF Meeting Materials 1978</b>
Box 1, Folder 12	<b>CIF Meeting Materials 1979</b>
Box 1, Folder 13	<b>CIF Member Directory 1974-75</b>
Box 1, Folder 14	<b>CIF Organizational Charts n.d.</b>

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**California Interscholastic Federation (CIF) SERIES II:**

**Series Description**

The documents in this series include progress and financial reports, rules and regulations, tournament and season schedules, CIF Protection Fund (insurance) meeting materials, CIF Los Angeles schools schedules and reports, safety guidelines, officiating and related eligibility litigation.

Box 2, Folder 1	<b>CIF Progress Reports 1973-75</b>
Box 2, Folder 2	<b>Miscellaneous Financial 1974-77</b>
Box 2, Folder 3	<b>CIF Regulations - Eligibility 1974-78</b>
Box 2, Folder 4	<b>CIF Rules and Regulations re: Girls' Sports 1968-76</b>
Box 2, Folder 5	<b>CIF Rules and Regulations - Misc. Sports 1974-77</b>
Box 2, Folder 6	<b>CIF Tournaments and Season Schedules 1974-78</b>
Box 2, Folder 7	<b>CIF Protection Fund (Insurance) Meeting Materials 1974-79</b>
Box 2, Folder 8	<b>CIF Los Angeles Schools Schedules and Reports 1973-77</b>
Box 2, Folder 9	<b>Safety and Injury Guidelines 1975-78</b>
Box 3, Folder 1	<b>CIF Officiating 1968-75</b>

**General note**

Restrictions apply.

Box 3, Folder 2	<b>Eligibility Litigation 1974-79</b>
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**CIF Girls' Sports Advisory Committee (GSA) SERIES III:**

**Series Description**

This series consists of correspondence, meeting materials, surveys, notes, photographs and legal documents related to girls' sports. These documents concern primarily the integration of girls' athletics into the CIF parent organization and early oversight of girls' interscholastic competition in California.

Box 3, Folder 3	<b>(Pre-) Girls' Sports Advisory Committee Correspondence 1971-72</b>
Box 3, Folder 4	<b>CIF Girls' Sports Advisory Committee Correspondence 1973</b>
Box 3, Folder 5	<b>CIF Girls' Sports Advisory Committee Correspondence 1974</b>
Box 3, Folder 6	<b>CIF Girls' Sports Advisory Committee Correspondence January-April 1975</b>
Box 3, Folder 7	<b>CIF Girls' Sports Advisory Committee Correspondence May-December 1975</b>
Box 3, Folder 8	<b>CIF Girls' Sports Advisory Committee Correspondence 1976-78</b>
Box 3, Folder 9	<b>GSA Questionnaires and Survey Results 1973-79</b>
Box 3, Folder 10	<b>GSA Meeting Materials 1974</b>
Box 3, Folder 11	<b>GSA Meeting Materials 1975</b>
Box 3, Folder 12	<b>GSA Meeting Materials 1976</b>
Box 3, Folder 13	<b>GSA Meeting Materials 1977-79</b>
Box 3, Folder 14	<b>Miscellaneous Notes, Photos of GSA Committee 1974-76</b>
Box 3, Folder 15	<b>Title IX 1974-75</b>
Box 3, Folder 16	<b>Related Legislation 1974-78</b>

**CIF Sac-Joaquin Section SERIES IV:**

**Series Description**

This container includes constitutions and by-laws, organizational records, meeting materials, correspondence, and tournament and league regulations of the Sac-Joaquin (Sacramento and San Joaquin Valleys) Section of CIF.

Box 4, Folder 1	<b>Sac-Joaquin Section Constitution and By-Laws (Includes Membership Directory 1974-75) 1972-73</b>
Box 4, Folder 2	<b>Sac-Joaquin Section Directory 1972-75</b>
Box 4, Folder 3	<b>Sac-Joaquin Section Organizational Reports 1972-74</b>
Box 4, Folder 4	<b>Sac-Joaquin Section Correspondence 1974-76</b>
Box 4, Folder 5	<b>Sac-Joaquin Section Meeting Materials 1973</b>
Box 4, Folder 6	<b>Sac-Joaquin Section Meeting Materials 1974</b>
Box 4, Folder 7	<b>Sac-Joaquin Section Meeting Materials 1975-76</b>
Box 4, Folder 8	<b>Sac-Joaquin Section Meeting Materials 1977-79</b>

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Box 4, Folder 9	<b>Sac-Joaquin Section Girls Basketball 1974-79</b>
Box 4, Folder 10	<b>Sac-Joaquin Section Girls Track and Field 1973-79</b>
Box 4, Folder 11	<b>Sac-Joaquin Section Volleyball 1974-78</b>
Box 4, Folder 12	<b>Sac-Joaquin Section Miscellaneous Undated Sports Schedules and Regulations n.d.</b>
Box 4, Folder 13	<b>Miscellaneous Sac-Joaquin Section League Organization and Schedules 1972-75</b>

**Division of Girls and Women in Sports (GWS) of the American Association for Health, Physical Education and Recreation (AAHPER) SERIES V:**

**Series Description**

This series consists of correspondence, meeting materials, directories and publications, rules, studies and conference materials from the Organization of GWS State and District Chairpersons annual meeting.

Box 5, Folder 1	<b>GWS Correspondence 1966-78</b>
Box 5, Folder 2	<b>GWS Meeting Materials 1973-74</b>
Box 5, Folder 3	<b>GWS Directories and Publications 1975-78</b>
Box 5, Folder 4	<b>Rules Studies 1974-79</b>
Box 5, Folder 5	<b>OSDC Conference Materials 1978</b>

**Southwest District of the American Association of Health, Physical Education and Recreation (AAHPER) SERIES VI:**

**Series Description**

This series consists of codes of operations, directories, constitutions and by-laws, budgets, correspondence and meeting materials from the Southwest District of the AAHPER before and during Melton's membership.

Box 5, Folder 6	<b>Code of Operations 1967</b>
Box 5, Folder 7	<b>Code of Operations 1977</b>
Box 5, Folder 8	<b>Directories 1977-79</b>
Box 5, Folder 9	<b>Constitution and By-Laws 1974-1977</b>
Box 5, Folder 10	<b>Budgets 1977-79</b>
Box 5, Folder 11	<b>Correspondence 1977-78</b>
Box 5, Folder 12	<b>Meeting Materials 1977-79</b>

**San Juan Unified School District High School Girls Athletic Directors SERIES VII:**

**Series Description**

This series consists of documents from Athletic Directors within the San Juan Unified School District in Sacramento. They include season reports, meeting materials and a district Athletics Master Plan.

Box 5, Folder 13	<b>Season Report 1973</b>
Box 5, Folder 14	<b>Meeting Materials 1974-76</b>
Box 5, Folder 15	<b>Athletics Master Plan 1975</b>

**Capital Valley Conference SERIES VIII:**

**Series Description**

Athletic policies, meeting materials, correspondence and team schedules comprise these documents from interscholastic sports within the Capital Valley Conference (possibly governed by the Sac-Joaquin Section of CIF).

Box 5, Folder 16	<b>Athletics Policies 1964</b>
Box 5, Folder 17	<b>Meeting Materials 1975-78</b>
Box 6, Folder 1	<b>Correspondence and Girls' Team Schedules 1976-77</b>
Box 6, Folder 2	<b>Miscellaneous Sports Schedules (Girls and Boys) 1975-77</b>

**Miscellaneous Subject Files SERIES IX:**

**Series Description**

This series contains general articles and publications regarding coaching, Title IX and women athletes.

This box also contains publicity files, photographs of volleyball competition, national rule books, and Melton's resume and biography.

Box 6, Folder 3  
Box 6, Folder 4  
Box 6, Folder 5  
Box 6, Folder 6  
Box 6, Folder 7  
Box 6, Folder 8  
Box 6, Folder 9  
Box 6, Folder 10

**Articles, Publications re: Title IX and Girls' Sports 1972-73**

**Articles, Publications re: Title IX and Girls' Sports 1974**

**Articles, Publications re: Title IX and Girls' Sports 1975**

**Articles, Publications re: Title IX and Girls' Sports 1976-78**

**National Federation of State High School Assoc. Rule Books 1974-79**

**Coaching 1973-78**

**Publicity 1974**

**Betty Melton Biography and Resume n.d.**